



## **GENERAL - ALL PLAYGROUND AREAS:**

- **Bathroom/Hall/Health room pass** – These passes can be used only for reason given.
- **Gum, Candy, food, or Beverages** are not allowed on playground areas unless authorized by school staff.
- **No teasing, putdowns, name calling or swearing.** Result of these will be sent to the Principals office. Spitting, Wet willies, pinching or other actions offending others are not acceptable.
- **No throwing anything** including rocks, pinecones, branches or Bark at anyone or in the air.
- **Fighting** – Any kind of fighting is not allowed. This includes Play fighting, real fighting, karate kicking, wrestling, and grabbing others by neck or clothing or anything else that resembles fighting.
- **Conflicts** are not to be resolved by violence. Recess teachers are available to help solve conflicts.
- **Bells and Whistles** – When a bell rings or a teacher blows a whistle at the end of recess; all students must stop what they are doing and come in. A single whistle during recess means that the recess teachers are trying to get someone’s attention. All Students should stop playing and pay attention.
- **Rainy Days** – No puddle jumping, wading in, or splashing others with water.
- Umbrellas must have safety tips. They may not be used as weapons or to “fly.”
- Umbrellas should not be brought outside if there is no chance of rain.

## Rachel Carson Elementary: RECESS POLICIES



### BIG TOY:

**No tag or Playground balls, jump rope, or equipment in this area.**

- Slides- feet first! No running or climbing up the slides. No sliding on jackets. No rocks or toys on the slides. No jumping off any part of the slides. No walking up the slides. **No slides when it rains.**
- **Bars** - Two hands on bars at all times. No jumping or flipping from the top of the bars.
- **Monkey bars** - Children must be able to reach bars by themselves. No piling of bark, jumping from other parts of the equipment or having others lift them to the bars. Children cannot start until the child in front is half way across bars.
- **Rock Wall** - No sitting on top of or jumping from top of wall.
- **Zip Line** -One at a time across. Need to line up and all go in the same direction when going across the zip line. Children must stay clear of the line area. No lifting to reach or pushing of children on the zip line.

### BASKETBALL COURTS:

- Older children cannot bump younger children off courts. Full court can only be used if no one else wants to use other side of courts.
- Only basketballs or similar to that in this area.
- **No climbing over fence** to get balls, Ask recess teachers for assistance.



## **BLACK TOP AREA:**

- **Jump ropes** are great for this area. Jump ropes are only to be used for jumping rope and playing ground helicopter. No horse games.
- **Balls** – Handballs, tether balls basketballs or other balls may not be kicked on the Blacktop.
- Balls for wall ball and four square may be used on the blacktop areas, as well as Basketballs in the basketball area.
- **Handball games**- No games shall involve hitting, kicking or throwing a ball at other children. After hitting the ball you must move out of the way. Children may not be in between the players and the wall while games are being played.

## **FIELDS:**

- Okay for Tag, Football, Soccer, and Kickball.
- **No jump ropes** in this area.
- **No climbing** on the baseball backstop.
- **No digging** at all...leave nature alone, bugs, insects, pinecones, rocks and branches are not to be played with or thrown.
- **Game playing** – all games should be played fairly and with the same agreed rules (majority rules) anyone joining the game in progress should be willing to play by the rules being used.
- **Football** – all football games are to be two hand touches.
- **No tackling allowed!**
- **Tag** – when chasing games are played tag gently on the arm. No grabbing , pulling or wrestling to the ground.
- **No piggyback rides** or carrying of other children.